
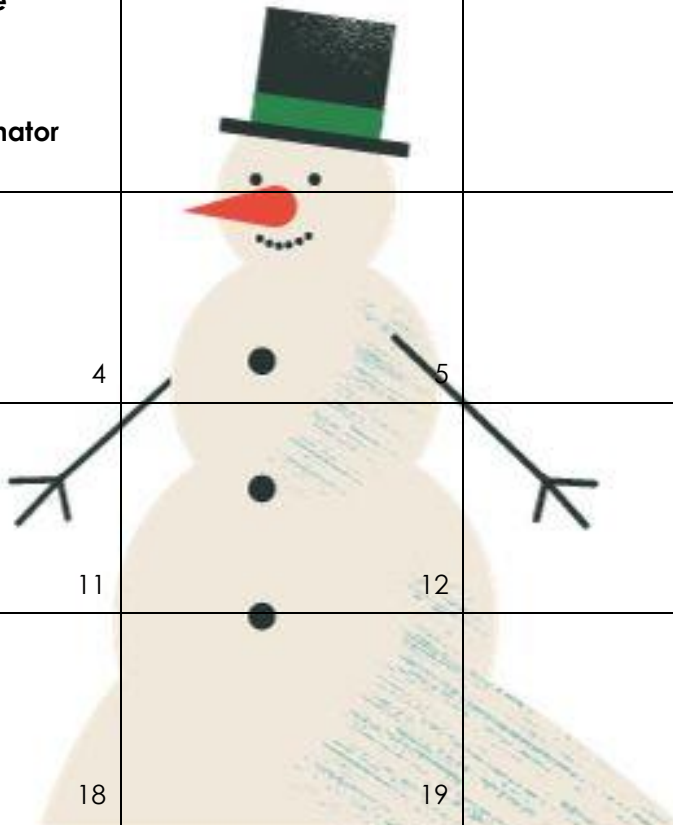



December 2023 Youth Program Calendar						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <b>Henderson Sweetman Youth Centre</b> 5 Labrador Drive, Shearwater (902) 720-1776  <b>Hannah Purcell, Youth Program Coordinator</b> <a href="mailto:hannah.purcell@hrmfrc.ca">hannah.purcell@hrmfrc.ca</a>					<a href="#">Open Drop In</a> 4-6pm  1	<a href="#">Holiday Craft-ernoon</a> 1-4pm   \$2  2
<a href="#">Open Drop In</a> 3-6pm  3	4		6	<a href="#">Youth Committee</a> 6-8pm  7	<a href="#">Open Drop In</a> 4-6pm  8	<b>Cooking Class</b> <a href="#">Ages 8-11   1-3pm</a>   \$5 <a href="#">Ages 12-18   4-6pm</a>   \$5 <a href="#">Home Alone Program</a> 9am-12pm   \$5   HLX Site 9
<a href="#">Open Drop In</a> 3-6pm  10	11		13	<a href="#">Sports Night</a> 6-8pm   MFRC Gym  14	<a href="#">Open Drop In</a> 4-6pm  15	<a href="#">Dungeons &amp; Dragons</a> 4-8pm   \$3 Pizza Night 16
<a href="#">Open Drop In</a> 3-6pm  17	18		20	<a href="#">Teen Night   13+</a> 6-8pm  21	<a href="#">Open Drop In</a> 4-6pm  22	<a href="#">Popcorn &amp; PJs</a> 6-8:30pm  23
24	 The Henderson Sweetman Youth Centre will be closed December 24th and will resume programs on January 4th, 2024					
31	25	26	27	28	29	30

Please register for all drop-ins and programs via our registration system online at [www.hrmfrc.ca](http://www.hrmfrc.ca)



**Open Drop-In:** Looking to kick back and relax? What better way to do so than to come out to the YC for Open Drop-in. This is a safe space for youth to hang out with friends to play with our sports equipment, foosball, video games, board games, and it's a creative space with paint and craft supplies. All this and more is available during our drop-in times. Respecting the COVID-19 protocols, we ask that you register for drop-ins.

**Dates:** Fridays 4-6pm and Sundays 3-6pm

**Price:** Free for members

**Holiday Craft-ernoon with the YC:** Grab your glitter and glue, it's a craft making afternoon! Join in on holiday crafts at the YC with staff and friends. Space is limited, please register online.

**Date:** Saturday, December 2<sup>nd</sup> 1-4pm

**Price:** \$2

**Cooking Class:** Want to learn how to make those yummy chocolate chip cookies like your mom makes, or what about how to create the perfect quesadilla? Put your apron on because you'll be cooking with Ryan and Cameron. Learn a new cooking skill or refine those already mastered skills with us at the YC! Registration is required.

**Date:** Saturday, December 9<sup>th</sup> | 1-3pm (ages 8-11) & 4-6pm (ages 12-18)

**Price:** \$5



**Home Alone Program:** What happens when you want to make a grilled cheese sandwich for lunch when your mom is gone out, but you don't know how to use the stove? Or maybe you accidentally cut your finger by yourself, and you don't know how to properly bandage it up. You're now at an age where becoming independent is cool and wouldn't it be great to learn some of these skills while you are home alone?

Join us to learn some of these types of life skills, including stove safety, basic first aid and much more so you can show your parents how responsible you really are! For more information, reach out to Hannah. Register online required.

**Date:** Saturday, December 9<sup>th</sup> | 9am-12pm

**Price:** \$5

**Location:** Halifax Site | Windsor Park

**Sports Night:** Get out and get active with the YC's Sport Night. Join us in the Shearwater site, H&R MFRC gym to take part in some sports and great games, all to keep you on the go! Register online today!

**Date:** Thursday, December 14<sup>th</sup> | 6-8pm

**Dungeons & Dragons:** D&D is a fantasy based role-playing game played with 4+ people. Together with the Dungeon Master, imaginary worlds are created. Moving through the story, individual characters will form teams that explore, battle and problem solve through each adventure. Together we will gather treasure, knowledge and experience points. Register online today.

**Date:** Saturday, December 16<sup>th</sup> | 4-8pm | \$3 *Pizza Night*

Payments can be made online at <http://www.hrmfrc.ca/store> or through the main offices. Programs may be changed or cancelled due to low registration or inclement weather.