HALIFAX & REGION MILITARY FAMILY RESOURCE CENTRE



Community

Mental Health & Well-Being











H&R MFRC BOARD OF DIRECTORS

ANNUAL REPORT 2021 – 2022



Deployment Support





Children & Families

Halifax & Region Military Family Resource Centre

ANNUAL REPORT OF THE BOARD OF DIRECTORS 2021 – 2022

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Mission, Vision & Values

Mission

To strengthen the well-being of all those who share the unique experience of military life.

Vision

Strong, connected, resilient military families.

Values (CARE)

Collaboration – We work in partnership with families, the community, military leadership and the Canadian Armed Forces (CAF).

Accountability – We demonstrate, integrity, fiscal responsibility and performance measurement.

Respect – We respect the uniqueness and diversity of the military community.

Excellence – Our programs and services are flexible, responsive, strength-based, inclusive and relevant to those we serve.

Strategic Plan (2020 – 2023)



H&R MFRC AGM 2022 Agenda

Wednesday, June 15th, 2022, 5pm, Virtual via Zoom

- 1. Call to Order Board Chair
- 2. Approval of Agenda
- 3. Welcome & Introduction
 - a. Board Members Board Chair
 - b. Employees Executive Director
- 4. Year in Review (video presentation) Vice Chair
- 5. Review and approval of June 2021 AGM Minutes
- 6. Financial Report
 - a. Financial report for 2021/2022 FY Accounting Firm, Baker Tilley
 - b. Presentation of approved budgets for 2022/2023 Accounting Firm, Baker Tilley
 - c. Auditor remarks Auditor, BDO
 - d. Presentation and approval of Auditor for 2022/2023 Treasurer
- 7. Presentation and approval of Bylaw revisions Governance Committee Chair
- 8. Recommend Board Executive and new appointments Recruitment Committee
- 9. Appreciation to departing board members Board Chair
- 10. Commanding Officers' remarks (Wing and Base Commander)
- 11. Closing remarks from Chair
- 12. Motion for Adjournment Board Chair

Message from the Executive Director

Shelley Hopkins



COVID-19 shaped another year of how we connected, supported, and delivered services to military and Veteran families. In addition to responding to COVID waves 3 to 6, we also responded to national changes with the release of the Services for Military and Veteran Families 2020+ Strategic Framework and its new funding model. This model will focus primarily on three levels of service: Information and Awareness, Navigation Support, and Intervention, with an emphasis to not duplicate services available in the community.

I must acknowledge our entire H&R MFRC team who provided uninterrupted services to families, whether in person or remote. They balanced their personal challenges related to living in a pandemic, while assisting military and Veteran families to mitigate theirs.

Thank you to the volunteer Board of Directors who give their time tirelessly. They embrace progress and remain focused on a common mission to steer the organization through change and growth. I personally want to thank our Board for nominating me for the Liz Hoffman Memorial Commendation, DND Ombudsman award. It is truly an honour to be a recipient.

Our MFRC benefits from a positive relationship with the local CAF leadership, Capt (N) Williams and Colonel MacNamara, whose support and partnership are invaluable. We thank them for championing the Unit Family Representatives initiative, supporting access to posting messages, and deployment information. We appreciate how

leadership consistently recognizes the vital role military families have in contributing to the operational readiness of the CAF.

We will continue to embrace new and innovative ways to keep families informed, connected, and engaged, tailoring services in ways that work best for them, and always respecting the uniqueness of each family.



Message from the Board Chair

Jacquelyn Stevenson

The Fiscal Year of 2021/22 for both our Board and organization was a year of applying good decision-making skills and putting monitoring systems in place for staff and families based on public health directives. This was done while also working with our Strategic Partners at CFB Halifax, Capt (N) Williams, and 12 Wing Shearwater, Colonel MacNamara.



During the last fiscal year, we have had the opportunity to reach families in new and different ways. We were able to expand our reach by increasing accessibility to services, supporting families virtually and over the phone. We connected with more families in

our large geographical area, from the Halifax region, to Cape Breton, and all points inbetween. Using technology also allowed us to reach families who lived outside of Nova Scotia.

I have a great deal of respect for our Executive Director, Shelley Hopkins, and our staff at the H&R MFRC. They are strong, steadfast, and committed. As a Board, we are incredibly blessed to have their unwavering commitment to military and Veteran families. From myself and the Board of Directors, please accept this heartfelt thank you! We recognize and value your efforts!

We continue to monitor to ensure we are following; and proactively updating, our Business Resumption Plan which has been developed by our Executive Director. Overall, our cautious, evidence-based approach has allowed us to be proactive, rather than reactive, allowing for a successful re-opening process.

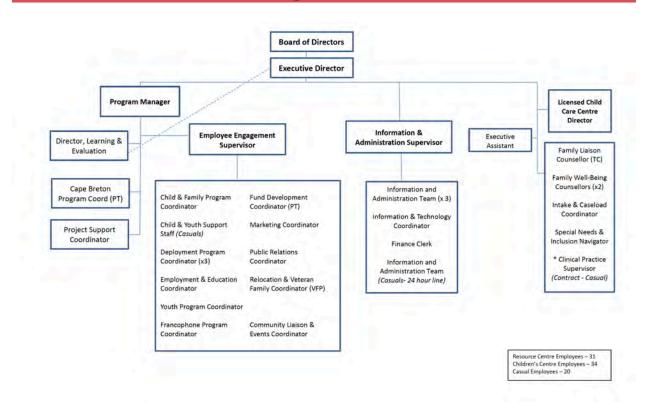
Overall, FY21/22 was successful for our organization without any large setbacks or interruptions in providing services to our military and Veteran family community. We continue to work with one of our funders, Military Family Services (MFS), to implement sound reporting processes with the release of the Services for Military and Veteran Families 2020+ Strategic Framework. We are committed to this new governance model.

Again, thank you to all for your ongoing support to our organization and community. We appreciate you!

Our Team

Our team of professionals enhanced their skills in a range of fields including Single Session Counselling, Policy Development Certification, Motivational Interviewing, Leveraging Technology & Software, Leadership Development, Forward Impact Conference, Family Standards with the National Family Support Network, and Collective Impact with the Tamarack Institute. Staff participated in monthly reflection and sharing sessions to increase their awareness and education of Equity, Diversity and Inclusion.

H&R MFRC Organizational Chart



Fund Development

Like so many not-for-profit organizations, last year was another challenging time for the H&R MFRC. Closures and layoffs continue to tighten the corporate and public purse, resulting in a decrease of financial support. Further, cancelling and postponing key fundraising events mean reduced opportunities to engage with sponsors.

Even with these challenges, we felt well-supported by our donors; corporate, community organizations and individual supporters that continued to fund essential programs and services.

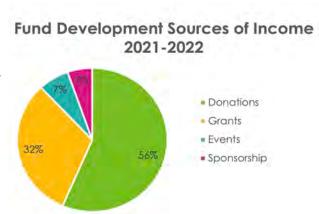
Angus G. Foods has been such a strong partner of the H&R MFRC since 2017. Through donations and sponsorship, in-kind support of our deployment activities and events, and fundraising events like McHappy Day, we truly appreciate the relationship with have with them.

Happy Harry's annual Remembrance Week campaign raised a record \$24,000 in 2022. This is one of the H&R MFRC's longest standing partnerships. Over the past 12 years this campaign has raised more than \$210,000. The funds directly support our Occasional Child Care and other non-funded but vital services that support the needs of local families.

Over the past three years we have developed strong partnerships with the Royal Canadian Legion including Vimy Branch 27, Centennial Branch 160 and Caen Branch 164. Collectively, they have donated more than \$30,000. Other organizations include the Royal Naval Benevolent Fund and Naval Association of Canada have also demonstrated their support of military and Veteran families through the H&R MFRC.

We continue to connect with our current corporate and community partners including General Dynamics-Mission Systems Canada, Pratt & Whitney Canada, and Irving Shipbuilding to ensure that they continue their support for military families.

We are looking forward to increased faceto-face engagement with our supporter community in 2022/2023!



Highlights of the Year



Our team continued to be mission focused and responsive to the operational tempo, supporting families for both short and long intervals of work related absences.

Among the deployments this year was the first official operation for HMCS Harry DeWolf (pictured left). HMCS Fredericton (pictured below), took part in Op REASSURANCE and had a VIP quest on board for their homecoming shortly before Christmas!



Online communications with military families continued to play an important role this year with the pandemic waves.

- 4,247 Facebook page likes
- 1,199 Twitter followers
- 572 Instagram followers
- 6.500 ENews subscribers



Closed Facebook groups continued to be a meaningful way to keep families connected to each other and receive accurate information about the MFRC and CAF operations. Averaging over 100 members each, we have groups set up for each ship's deployment. Other Facebook groups include parenting support, familles militaires francophone, volunteers and Unit Family Representatives.

Our Children & Families programs provided safe opportunities for families to get together this year, especially with our regular Stroller Walks at various parks throughout our region. Some of our other programs include Expecting Baby, New Baby and Play & Learn, which help to reduce isolation for young families.



2021 - 2022

H&R MFRC BRAND EXPANSION

Starting in January 2022, we initiated the expansion of our brand to include more vibrant colours that will make it easier for you to navigate our programs and services! Our primary colour will remain red, but complimentary colours are used for different service areas for promotion, such as our program guides, on our website and through our social media channels.

The red of our brand colours represents the iconic Canadian flag's maple leaf. Blue, green, gold and red are colours from the Nova Scotia tartan. Blue is also representative of the Navy and Air Force, and green for the Army, the three branches of our Canadian Armed Forces. The teal is for the Month of the Military Child and the new Teal Up nationwide campaign. The pink represents Pink Shirt Day - an anti-bullying initiative that was started in Nova Scotia, representing the positive force for change by our youth.

350 family members accessed our Mental Health & Well-Being services. Virtual counselling was introduced as a new service option for support.



The top presenting issues were:

Mental health (self) = 24%

Accommodations = 21%

Couple relationships = 12%

OP Dasher (holiday assistance)

Emergency Family Care Assistance



Our incredible volunteers continued to show their support for military families, even at the bitterly cold homecoming for HMCS Fredericton, where Joy (left) helped to spread some holiday cheer!

We recognized H&R MFRC and PSP Halifax volunteers at the CANEX Gives Back Volunteer Recognition Event. Over 150 volunteers and their guests attended the event held at Glow Gardens (pictured right).



2021 - 2022

Community partnerships assisted us to expand our Mental Health & Well-Being and inclusion services. These partnerships included Tranquility Online, Together We Stand Foundation, Hold Me Tight, Support Our Troops, True Patriot Love Foundation, Trenton MFRC, Bayshore Home Care and Home Care Pilot with MFS.





Our Henderson Sweetman Youth Centre (left) finally got internet! This was especially important this year to keep in touch with our youth during the pandemic shut-downs when we couldn't meet in person. Some of the programs we offered this year, virtually and/or in person, were art nights, open drop-in sessions, movie nights, Dungeons & Dragons, Home Alone, Minecraft, Among Us and much more!

Our team engaged and connected with deployed families, completing over 865 individual check-ins and warm line calls.

We also engaged with family members virtually in pre-deployment family briefings and command team briefs during deployments, averaging 200 families per brief.



Morale mail is a priority service for families. This year we sent over 969 morale mail packages!

Our van (pictured left) made at least two trips per week to deliver packages to the Fleet Mail Office.



We have revitalized our H&R MFRC Unit Family Representative (UFR) program. This relationship with Units provides opportunities to share information about the needs of military families and referrals to MFRC services.

4,906 families connected with us through our 24/7 Information & Referral line, including 233 families who were connected to the Duty Padre.

We continued to connect with our community through events like our Community Fall Fair, which featured a Farmers Market with the Veteran Farm Project (right) and other local military-serving organizations.



Highlights of the Year

79 CAF spouses and youth were supported with Career and Employment Counselling. Most of these military family members were seeking support because they were unemployed, underemployed or transitioning careers.

On the right is a still frame from a video created to promote our career counselling services.

Here's the best part... you can begin this journey in the comfort of your own home, if that's what works best for you.

Options are designed to make it as easy as possible for you to get the help you need. We can meet:

- Virtually
- Over the phone
- In person





Many of our staff participated in national working groups, including funding application, performance measurement, national website, and Penelope Client Relationship Management Software.

Our team bundled up (left) and enjoyed a holiday gathering at Hatfield Farm! It was a great opportunity for us to reconnect as a team after another year of the pandemic.

Financial resources including funding and food vouchers totalled \$8,475, were given out to families in exceptional circumstances, which are largely supported by donations.

Our short-term accommodation apartments (right) supported 57 bookings for 401 emergency and compassionate nights stay.









What a dedicated team! This year, we celebrated several milestones. Many employees marked over 20 years of service. Teresa MacDonald (left) retired after 10 years of providing support to military and Veteran families. After over 23 years of service to the military community, our Program Manager Myrna Stewart (right) also retired, and received the Base Commander's Commendation for such longstanding, exemplary service. Both staff received the "Spirit of Military Families" coin in recognition of their commitment. Another notable milestone is that of Shelley Hopkins, who marked five years in the role of Executive Director.



Board Committee Reports

RECRUITMENT AND DEVELOPMENT COMMITTEE I Tracey McDonald - Committee Chair

This year, the Recruitment Committee enhanced the Board Interview Guide, developed an exit interview, reviewed the re-offer process, and supported mentorship efforts for three new board members, in partnership with the Development & Evaluation Committee. As is highly common in the military lifestyle, board members can also be impacted by relocation, absences, & transition. This year we saw two board members depart prior to this AGM. For FY 2022/23, the Board is filling three to four positions designated for family members, slated to be presented at the AGM.

On behalf of the Recruitment Committee, I would like to thank the talented pool of candidates who applied. While not all candidates were selected for an interview, we would encourage all to reapply next year and we thank them for their continued support of the H&R MFRC.

We would like to welcome our four new Board members

Keely Anderson CPO1 Troy Beazley

Rhonda Gaudette CWO Kevin Wezenbeek Ellen MacDonald CPO1 Cavel Shebib

Sarah Nixon-Miller

The following members will remain on the Board:

Larissa Page – Board Chair

Amanda Lutz - Vice Chair / Governance Committee Chair

Lisa Purdy – Treasurer / Finance Committee Chair

Mora Giovannetti – Secretary

Jacquelyn Stevenson – Advisor

Kim Bulger - Development & Evaluation Committee Chair

Lindsey Coshell - Recruitment Committee Chair

Tracey McDonald – Board Member

Hannah Hachey - Board Member

MWO Leon Ledgister

CPO1 Alena Mandelli

Ex-Officio – non-voting:

Shelley Hopkins - Executive Director

We would like to thank the following departing Board members:

Isabel Markert

CWO Bruno Poirer

CPO1 Jamie Haas

CPO1 Thomas Lizotte

GOVERNANCE COMMITTEE REPORT | Amanda Lutz - Committee Chair

The Governance Committee continued to update existing and create new Board Policies & Terms of Reference to ensure we have a comprehensive set of governing documents. We reviewed and are recommending two amendments to the By-laws, both are in Article 9 – Election of Board Members, for decision at the AGM: the elimination of the reduced term length

for the Community Seat and adjusting the number of meetings to reflect what actually takes place. Several members of the Governance Committee participated in a series of collaborative and informational meetings with Military Family Services (MFS) as we progressed towards implementation of the Modernization of the Military Family Services Program (MFSP), including sharing many of our documents with MFS for consideration as national best practices.

DEVELOPMENT & EVALUATION COMMITTEE REPORT I Larissa Page – Committee Chair

The Development & Evaluation Committee spent much of its first year making a work plan and identifying the priorities and tools to be implemented. In October, we planned a training weekend, held virtually with Carla Anglehart, a facilitator who is a subject matter expert on board governance. We endeavored to work with Carla on a governance audit, which has been placed on hold. We conducted initial research and created the first Board Evaluation survey, which went out in February/March 2022. This was considered successful in bringing in the type of data we were hoping to see and giving us a very good sense of how the board members feel the board is running. We ended the year by supporting the Recruitment Committee with the on-boarding process and conducting a board member self-assessment at year-end. Next year's planning has already started; we are scheduled in October to work with a facilitator to create the new strategic goals (a tri-annual commitment).

FINANCE COMMITTEE REPORT I Lisa Purdy – Treasurer, Finance Committee Chair

The Finance Committee fulfilled its oversight duties with respect to financial matters of the H&R MFRC, including a focus on the financial needs of the organization considering the continued impact of COVID-19. The committee convened for a total of five meetings, at which several financial topics were discussed, including financial results, incentive plans and restricted funds. The Finance Committee also coordinated with both the external auditors and the contracted accountants to review the results of the external financial audit and the upcoming fiscal budget.

Proposed Bylaw Changes

ARTICLE 9 - ELECTION OF BOARD MEMBERS

9.4 TERM OF OFFICE

Directors will be elected for a two-year term, except for the Community Representative which may be elected for a one-year term. Retiring Directors will be eligible to offer re-election.

9.10 Meetings

Meetings of the Board and of the Executive Committee (as outlined in Article 10) will be held monthly a minimum of 9 times per year except as otherwise agreed to by the Board. Notice specifying the date, time and place for such meetings will be delivered by email to each applicable member of the Board at least two (2) business days before the meeting, or will be mailed to the applicable member not less than seven (7) business days before the meeting is to take place. Voting Board members will receive a reminder of their right to use a proxy in advance of any Board meeting. The non-receipt of notice by any Director will not invalidate the proceedings. Notice can be waived for Board meetings with the unanimous approval of the Board.

H&R MFRC Annual General Meeting Minutes 2021

Halifax & Region Military Family Resource Centre 2020-2021 Annual General Meeting Online via MS Teams Wednesday June 16, 2021 @ 5 p.m.

Attendance:

Jacquelyn Stevenson, Shelley Hopkins, Lisa Purdy, Kent Gregory, Kim Bulger, Larissa Page, Leah Wood, Bridget Ebsary, Christine Van Kooten, Alena Mondelli, Darren O'Connell, Erica McCurdy-BDO, Jessica Skinner-BDO, Kara MacNeil, Sara-Jean Mannette, Roscoe Bi, Aaron Wright-BT, Amanda Lutz, Myrna Stewart, Anne Sampson Roach, Isabel Markert, Tracey McDonald, Mora Giovannetti, Carolyn Mercer, Charlie Reid, Christine Saldon, Darcy Burd, Emily Snow, Hannah Hachey, Col. James Hawthorne, Capt. (N) Sean Williams

Call to Order: 5:04 pm by Board Chair – Jacquelyn Stevenson

Confirmation of Quorum: Yes, no less than 9 members of the board and proper notice was given as per bylaws

For voting purposes, please raise hand via tool provided in the platform, keep cameras off and muted unless speaking

Land Acknowledgement:

The H&R MFRC would like to begin by acknowledging that we are gathered on the traditional and unceded territory of the Mi'kma'ki people. This territory is covered by the Treaties of Peace and Friendship. We are all Treaty People.

Session Recording: 5:09 pm commences

Approval of Agenda: Motion to approve the agenda, as presented.

Motioned by: Tracey McDonald Second by: Kent Gregory

MOTION CARRIED

Welcome and Introductions:

Welcome to Capt (N) Sean Williams, Base Commander and Col. James Hawthorne, Wing Commander

Aaron Wright, Baker Tilley

Jessica Skinner and Erica McCurdy, BDO

Introduction of H&R MFRC Board of Directors – as per slide.

The H&R MFRC board is an independent, not for profit, volunteer board that works with the chain of command and Military Family Services (MFS). Membership is comprised of 51% of military family members who vote to set the strategic direction for the Centre.

Introductions of staff members by Shelley Hopkins, Executive Director: Myrna Stewart, Darren O'Connell, Chris Saldon, Sarah Jean Mannette and Kara MacNeil.

Presentation of Year in Review video – Thanks to communications and marketing for creating the video.

Approval of 2019 Minutes:

Motion to approve the 2019-2020 AGM minutes as reviewed.

Motioned by: Amanda Lutz Second by: Darcy Burd

MOTION CARRIED

Financial Portion of AGM:

Introduction of Aaron Wright, Baker Tilley

- H&R MFRC Registered Charity
- Adheres to not for profit accounting standards
- \$4.7 million dollar operating budget
- Mandated and non-mandated funding
- 2020-2021 a significant year of change

Preface of Covid 19, noted in financial statements. The impact of Covid and then re-opening the Centre at 50%. Late April reduction of capacity and is relevant to current fiscal year. Considerations given to the ongoing impact of all subsidy programs available and were taken advantage such as childcare and wage subsidy.

Statement of Financial Position – as of March 31, 2021:

Total Assets	\$2,315,083	
Total Liabilities	\$1,499,178	

Cash Flow Statement:

Opening cash value	\$1,424,961
Net decrease cash	\$ 704,341
Ending Cash	\$ 2,129,302

Budget Year	Approved Bottom Line
21/22	\$-33,966
20/21	\$-47,028
19/20	\$-108,907
18/19	\$-225,256

Budget for 2021-2022 Priorities:

- Continue to leverage technology (specifically with Baker Tilley), changed financial institutions
- Present a modest budget
- Simplify budget structure
- Evaluate the usage of programming vs. cost of casual staffing

Lean but strong

Key Highlights

- Total revenue/funding budget of \$4.103 M (including \$73K from CFB one time)
- Total expense budget of \$4.137 M (including \$73k from CFB one time)
- Total budgeted deficit of \$34k (including ESA \$26k & amortization of \$8k)
- CFB Halifax funding reduced from \$324,000 to \$300,000

Payroll

- 1.5% increase (cost of living)
- Overall decrease in total payroll expense (\$3.59M to \$3.48M)
- Organizational changes and attrition
- Addition of a finance clerk
- Significant reduction in casual wages (\$30k) Fund development position reduced to part time 50%

Child Care Centres

- Upgrades to playgrounds not completed due to Covid No capital items 12 months of child care
- Cost recovery achieved but challenges related to Covid impact staffing and revenues

Other

- Earned Service Award (payout in December)
- Fundraising adjusted to reasonable targets to cover non-funded programs

Covid 19

- First quarter was budgeted to reflect status quo of Covid impacts
- Second quarter progressively started adding in expenses to align budget with pre-Covid operations in Q3 and Q4
- Board conference expense was removed this year as its not anticipated to occur, provided in can move forward but will require board approval

Overall and impact on payroll, child care Centre's, other (Earned Service Award) and Covid 19. \$70,000 of project funding not in total funding but shows in deficit of \$-33k. Cash flow for affordability of providing programs (timing of cash received in March 2021). Assuming quarter funding will not come early next year.

No questions to note. Thanks to Aaron from Baker Tilley and the slides provides a great visual to see the numbers in perspective!

Introduction of Erica McCurdy and Jessica Skinner from auditor, BDO

Completed audit, no significant deficiencies and relatively clean audit report (always a risk that money could disappear). Shows great management by BT and MFRC.

No questions to note, thank you Erica.

Motion to present and approve BDO as the external auditor for 2021-2022

Motioned by: Carolyn Mercer Second by: Larissa Page

All in favour

MOTION CARRIED

Note that voting is not required for budget as per bylaws.

Bylaw Revision:

Bylaw 7.7

Denotes changes to NS daycare legislature. No daycare parent required for board, there will be a committee. Board feels comfortable removing but representation ie. Demographic to nice to have.

Revision to board composition from daycare parent to Veteran community at large

Removing daycare parent to 7.10

Motion to accept bylaw previsions 7.7 and 7.10

Motioned by: Tracey McDonald Second by: Lisa Purdy

All in favour

MOTION CARRIED

New Board Members & Slate of Officer Presentation:

Recruitment for the 2021-2022 began in April seeking three board members to replace those that have completed their board terms and did not renew. We extend a huge thanks to them for their time and commitment to the board.

With an AGM slated for June 16th, the Recruitment and Development Committee met and decided that a board recruitment campaign would commence via social media and the Centre's website in early April and run for a two week period. The Committee received 7 board applications and selected 4 candidates to interview, with 3 being selected and presented this evening:

- 1. Lindsey Coshell
- a. Currently stay at home parent, starting own business AquaClean.
- b. 9 years of HR experience
- c. Working towards CPHR designation and Business Degree.
- d. Partner to a currently serving member on HMCS Shawinigan; Daughter of a Retired Naval Officer; and sister to a current serving Naval Officer.
- e. Parent of 2 children (4 & 2).
- f. Previously volunteered with Ronald McDonald House; Currently volunteering with Rethink Breast Cancer as a Support Mentor; Volunteered with business organizations on various committees (ie. Social and Sport)
- 2. Hannah Hachey
- a. Federal Public Servant with a background in Disability
- b. Holds Certifications in Change Management and Management Essentials

- c. Bachelor's of Science (Biological Sciences)
- d. Previous work experience in non-profit organization as Program Coordinator, including supervising a team & understanding of governance Board
- e. Partner is in the Air Force (NCM AVN), previously an Army Reservist (Artillery)
- f. Bilingual (English/French)
- 3. Emily Snow Veteran Community Seat
- a. HR Professional with 13 years of experience in the Financial and Defense industries with a focus on Strategic HR Management and Talent Acquisition.
- b. Holds a Bachelor's degree from Saint Mary's University with a Diploma in HR Management.
- c. Also holds the Registered Professional Recruitment designation and a Mental Health first aid certificate.
- d. Spouse of recently retired Reg Force Member who served across multiple elements (RCAF-AERE Officer, previously RCN- Comm Tech and Army- Combat Engineer Reservist)
- e. Parent of one child-2 years old.
- f. Previous volunteer work consists of volunteering with the United Way, Veith House & Byrony house. As well as Feed NS and various Animal shelters.

I also want to extend a sincere thanks to Kathy Willis, Erica Armstrong and Leah Wood for their time and efforts spent on the Recruitment and Development Committee.

Motion to accept the three new Board of Director Candidates for the 2021-2022 H&R MFRC Board – Lindsey Coshell, Hannah Hachey and Emily Snow.

Motioned by: Mora Giovannetti Second by: Tracey McDonald

All in favour

MOTION CARRIED

The following are the 2021-2022 Slate of Officers for the H&R MFRC:

Chair – Jacquelyn Stevenson 1 year term extension due to Covid-19

Vice Chair – Larissa Page 2nd year of 2 year term

Treasurer – Lisa Purdy 1st year of 2 year term

Secretary – Mora Giovannetti 1st year of second 2 year term

Tracey McDonald

Amanda Lutz – Community Seat

Kim Bulger

Isabel Markert

Lindsay Coshell

Hannah Hachey

Emily Snow – Veteran Community Seat

Chief Petty Officer First Class Alena Mondelli

Base Chief Petty Officer First Class Tom Lizotte

Fleet Chief Petty Officer First Class James Haas

Formation Chief Warrant Officer Bruno Poirier Wing

Chief Warrant Officer Leon Ledgister 5th Division

Motion to accept the 2021 2022 slate of officers as presented for the H&R MFRC Board of Directors.

Motioned by: Mora Giovannetti Second by: Amanda Lutz

All in favour

MOTION CARRIED

Presentation of Departing Board Members:

Carolyn Mercer, Kathy Willis, Erica Armstrong, Leah Wood, Kent Gregory and Darcy Burd

Commanding Officer Remarks:

Colonel James Hawthorne

Great support to Shearwater, steadfast supporter of the Wing. Thank you for your time and support.

Captain N Sean Williams

Welcome to new board members, it's an important role in making the organization what it is. Great thanks to you, to those leaving, for your huge commitment and appreciate your time. Thanks to everyone for all that you do. Members couldn't do what they do without the MFRC support. Constantly impressed with MFRC in Hfx, leadership in Centre with Board as well we are very lucky and have solid governance. Reflections on the last year, it's been a year like no other. Can't emphasize enough and that the additional support that people require and the adapting is amazing and continue to provide creative ways to provide services and support. Thank you.

Closing Remarks: Thanks for coming, much appreciated. Thanks to Shelley and her never say no team as we work toward being a workplace of choice.

Call for Adjournment:

Motion to adjourn AGM at 6:08 pm.

Motioned by Amanda Lutz

MOTION CARRIED

Respectfully submitted by:

Mora Giovannetti

Jacquelyn Stevenson

Board Secretary

Board Chair

Moving Forward

As we move forward in 2022-23 these will be some of our areas of focus:

- Fiscal Year 22/23 is a "transition and learning" year to implement the 2020+ Strategic Framework with three levels of service: Information & Awareness, Navigation Support, and Intervention.
- The shortage of trained Early Childhood Educators and other child care staff continues to affect our ability to provide these services. We understand that access to child care services is an important service, and we will not compromise on quality.
- The Nova Scotia Early Learning and Child Care System Transformation Plan will bring new, and still unknown, requirements that are sure to have a financial and operational impact on how child care services are delivered and managed.
- We are invested in implementing research to practice and developed relationships with members of the Canadian Institute of Military & Veteran Health Research (CIMVHR) team. We will continue to promote opportunities for families to participate in research studies as their participation has the potential to influence future service.

Special Thanks to our Financial Supporters

5th Division

Angus G. Foods
Anne and Frances Lundrigan Hope
Anonymous donors through CanadaHelps
Atlantic Superstore
Bluedrop Training
BMO Bank of Montreal
Canadian Association of Veterans
Canadian Forces Naval Operations Schoo
CANEX
CFNOS
Chief's and PO's Mess

Canadian Association of Veterans
Canadian Forces Naval Operations School
CANEX
CFNOS
Chief's and PO's Mess
Formation Chaplains – MARLANT
General Dynamics Mission Systems-Canada
Halifax Harbour Bridges
Halifax Wanderers Football Club
Happy Harry's Renovate. Appreciate.
Irving Shipbuilding Inc.

Kinsmen Club of Halifax Lockheed Martin Canada Naval Association of Canada National Defence Workplace Charitable Campaign Pratt & Whitney Canada Royal Canadian Legion Vimy Branch 27 Royal Canadian Legion Centennial Branch 160 Royal Canadian Legion Caen Branch 164 Royal Canadian Navy Benevolent Fund Sobeys Support Our Troops The Bikers Down Society The Navy League of Canada The Personal Insurance True Patriot Love Walter Callow Foundation

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MILITARY FAMILY RESOURCE CENTRE

