

June 2025 Henderson Sweetman Youth Centre Program Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<u>Open Drop-In</u> 3-6pm 1	2	3	4	<u>Youth Committee</u> 6-8pm 5	6	7
<u>Open Drop-In</u> 3-6pm 8	9	<u>Military 101: Kids Edition</u> 6-8pm Ages: 8-12 10	11	Smart Steps: <u>Tranquillity Expression Session</u> 6-8pm \$2 12	13	Smart Steps: <u>Home Alone Program +10</u> 10am-2:30pm \$5 14
15	16	17	18	<u>Board Game Night</u> 6-8pm 19	<u>School's Out Social</u> 7-9pm 20	<u>Dungeons & Dragons</u> 4-8pm \$3 Pizza Party 21
<u>Open Drop-In</u> 3-6pm 22	23	24	25	26	<u>Open Drop-In at Night</u> 7-10pm 27	Smart Steps: <u>Cooking Class</u> 2-4pm \$5 BBQ Dish Ages: 8-16 28
<u>Open Drop-In</u> 3-6pm 29	30				Henderson Sweetman Youth Centre 5 Labrador Drive, Shearwater (902) 720-1776 Hannah Purcell, Youth Program Coordinator hannah.purcell@hrmfrc.ca	

Please register for all drop-ins and programs via our registration system online at www.hrmfrc.ca



Open Drop-In: Looking to kick back and relax? What better way to do so than to come out to the YC for Open Drop-in. This is a safe space for youth to hang out with friends to play with our sports equipment, foosball, video games, board games, and it's a creative space with paint and craft supplies. All this and more available during our drop-in times. Respecting the COVID-19 protocols, we ask that you register for drop-ins.

Date: Sundays 3-6pm

SMART STEPS:

Tranquility Expression Session: Enjoy being creative? Like to get into the artistic mood? Then join us for Tranquility Expression Session (formally known as Art Night)! We will discover different genres of art and dip our paint brushes into different techniques. Learn about different artists and become inspired to create your own masterpieces. Register online today!

Date: Thursday, June 12th, 2025 | \$2

Military 101- Kid Edition: Calling all curious minds! Join us for an exciting, interactive workshop designed especially for children aged 8-12 to discover the world of the Canadian Armed Forces (CAF). Participants will step into the role of Junior Military Experts as they explore the exciting missions, jobs, and traditions of military life through games, activities, and hands-on learning.

Date: Tuesday, June 10th, 2025 | 6-8pm



Payments can be made online at <http://www.hrmfrc.ca/store> or through the main offices. Programs may be changed or cancelled due to low registration or inclement weather.

SMART STEPS:

Home Alone Program 10+: What happens when you want to make a grilled cheese sandwich for lunch when your mom is gone out, but you don't know how to use the stove? Or maybe you accidentally cut your finger by yourself, and you don't know how to properly bandage it up. You're now at an age where becoming independent is cool and wouldn't it be great to learn some of these skills while you are home alone? Join us for our interactive program to learn some of these types of life skills, including stove safety, basic first aid and much more so you can show your parents how responsible you really are! For more information, reach out to Hannah. Register online required.

Date: Saturday, June 14th, 2025 | 10am-2:30pm | \$5

Board Game Night: Join your friends at the Youth Centre for a night of table-top Board Games. Make your way through LIFE, negotiate properties in MONOPOLY or bump your way through a game of SORRY, all while hanging out with the YC crew! For more information, please contact Hannah! Registration Required: Space Limited.

Date: Thursday, June 19th, 2025 | 6-8pm

School's Out Social at the YC: School's almost out — let's celebrate! Come hang out with friends at the YC and enjoy fun activities planned by our awesome Youth Committee members. It's the perfect way to kick off summer break!

Registration required. For more details, contact Hannah.

Date: Friday, June 20th, 2025 | 7-9pm | Weather Permitting

SMART STEPS:

Cooking Class: Ever wondered how to whip up those delicious chocolate chip cookies like Mom makes, or how to craft the perfect quesadilla? Grab your apron and join Ryan and Cameron in the Youth Centre kitchen! Whether you're picking up new techniques or sharpening your skills, this fun, hands-on class at the YC is the place to be. Registration is required.

Date: Saturday, June 28th, 2025 | 2-4pm | \$5 | Ages 8-16 | Project: BBQ Dish