

May 2025 Henderson Sweetman Youth Centre Calendar						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div> <div>Henderson Sweetman Youth Centre</div> <div>5 Labrador Drive, Shearwater</div> <div>(902) 720-1776</div> </div> <div> <div>Hannah Purcell, Youth Program Coordinator</div> <div><a href="mailto:hannah.purcell@hrmfrfc.ca">hannah.purcell@hrmfrfc.ca</a></div> </div>				<div> <div>Youth Committee</div> <div>6-8pm</div> </div> <div>1</div>	<div>2</div>	<div>3</div>
<div> <div>Open Drop-In</div> <div>3-6pm</div> </div> <div>4</div>	<div>5</div>	<div>6</div>	<div>7</div>	<div>8</div>	<div> <div>Hearts Apart: Postcard Making</div> <div>6-8pm</div> <div>For Youth Experiencing a Deployment</div> </div> <div>9</div>	<div> <div>Smart Steps: Home Alone Program 10+</div> <div>10am-2:30pm   \$5</div> </div> <div>10</div>
<div> <div>Open Drop-In</div> <div>3-6pm</div> </div> <div>11</div>	<div>12</div>	<div>13</div>	<div>14</div>	<div> <div>Trivia Night: KAHOOT!</div> <div>6-8pm</div> </div> <div>15</div>	<div>16</div>	<div>17</div>
<div>18</div>	<div>19</div>	<div>20</div>	<div>21</div>	<div> <div>Bingo Night</div> <div>6:30-8pm</div> </div> <div>22</div>	<div> <div>Open Drop-In at Night</div> <div>7-10pm</div> </div> <div>23</div>	<div> <div>Dungeons &amp; Dragons</div> <div>1-5pm</div> </div> <div>24</div>
<div> <div>Open Drop-In</div> <div>3-6pm</div> </div> <div>25</div>	<div>26</div>	<div>27</div>	<div>28</div>	<div> <div>Popcorn &amp; Pjs</div> <div>7-9pm</div> </div> <div>29</div>	<div>30</div>	<div>31</div>

Please register for all drop-ins and programs via our registration system online at [www.hrmfrfc.ca](http://www.hrmfrfc.ca)



**Open Drop-In:** Looking to kick back and relax? What better way to do so than to come out to the YC for Open Drop-in. This is a safe space for youth to hang out with friends to play with our sports equipment, foosball, video games, board games, and it's a creative space with paint and craft supplies. All this and more is available during our drop-in times. Respecting the COVID-19 protocols, we ask that you register for drop-ins.

**Date:** Sundays 3-6pm

**Hearts Apart – Postcard Marking:** Join staff at the Henderson Sweetman Youth Centre for Hearts Apart: Postcard Making. This interactive and creative peer-support program is intended for youth, ages 8-14 years old, experiencing the challenges of having a loved one deployed. Through the guided postcard-making activity, youth can express their thoughts, emotions, and support in meaningful, artistic ways all while creating a sense of community during a time of separation. For more information, reach out to Youth Coordinator, Hannah Purcell, at hannah.purcell@hrmfr.ca. Registration Required.

**Date:** Friday, May 9<sup>th</sup>, 2025 | 6-8pm



Payments can be made online at <http://www.hrmfr.ca/store> or through the main offices. Programs may be changed or cancelled due to low registration or inclement weather.

**Home Alone Program 10+:** What happens when you want to make a grilled cheese sandwich for lunch when your mom is gone out, but you don't know how to use the stove? Or maybe you accidentally cut your finger by yourself, and you don't know how to properly bandage it up. You're now at an age where becoming independent is cool and wouldn't it be great to learn some of these skills while you are home alone?

Join us for our interactive program to learn some of these types of life skills, including stove safety, basic first aid and much more so you can show your parents how responsible you really are! For more information, reach out to Hannah. Register online required.

**Date:** Saturday, May 10<sup>th</sup>, 2025 | 10am-2:30pm | \$5

**Trivia Night at the YC (KAHOOT!):** Who created Fortnite? What is Superman's weakness? Consider yourself a knowledgeable youth? Then come join us at the YC for Trivia Night; testing your general knowledge of popular youth topics – fun guaranteed! Register online today! This is a tech-friendly program requiring youth to bring their own devices. Please reach out to Hannah for more information. Registration Required

**Date:** Thursday, May 15<sup>th</sup>, 2025 | 6-8pm

**Bingo Night:** Join your friends at the YC for a night of fun! Register online B4 it's too late! Registration Required

**Date:** Thursday, May 22<sup>nd</sup>, 2025 | 6-8pm

**Popcorn & PJs:** Hang out and relax with your peers in your cozy clothes or pajamas. We'll put some fresh kettle corn on and spend time connecting! Registration Required. For more information, please reach out to Hannah.

**Date:** Thursday, May 29<sup>th</sup>, 2025 | 7-9pm